8 CHALLENGES FOR DEMOCRACY IN THE WESTERN BALKANS

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INTRODUCTION

“The Western Balkans is an area that could blow up in a very nasty way in the future” warned political scientist Francis Fukuyama at the 26th Forum 2000 Conference held in Prague in 2022. Taking this warning very seriously, we decided to dig deeper into the situation and challenges faced by democracy in that region.

Despite three decades of international support and an intensified, structured EU accession process in the last 20 years, the Western Balkan countries are not showing significant improvements in terms of democracy. What are the key forces that jeopardize the development of solid democracies in the region?

Seeking to answer this question, this policy brief starts by focusing on domestic issues, through regional disputes and finishes with the geopolitical aspects and foreign influence that affects the Western Balkans democracy.

The 8 Challenges for Democracy in the Western Balkans present a brief and partial view on the most urgent issues for the region and gives some policy recommendations, not only for Albania, Bosnia and Herzegovina, Kosovo, Montenegro, North Macedonia and Serbia, but also for the EU policy makers and the international democratic community who have a stake in the region’s democratic stability.
Lack of pluralism, state capture and violations of human rights undermines democratic development

Decades into the political transition to democracy, Western Balkan democracies remain fragile and stuck in a state of “illiberal equilibrium”. All countries do hold free elections and have developed political pluralism, while in most cases political competition does generate transitions of power. However, the political landscape across the region is dominated by populism and the competition is often based on purely ethno-nationalist grounds instead of on policy agenda, which further deepens political polarization. Institutions and the rule of law remain weak, unable to constrain political power, guarantee fairness in political competition and respect for human rights.

For years, the countries of the Western Balkans have been described as partly free, with a general long-term trend of stagnation across the region. Yet trends cannot be described in broad strokes as there are notably different and divergent dynamics by country. The latest Freedom House assessment notes that while Kosovo and North Macedonia have seen progress, Albania and Montenegro have stagnated, while Serbia and Bosnia and Herzegovina have regressed.

Democratization reforms have largely subsided in parallel with the stagnation in EU accession, which had been their driver. Corruption remains a key challenge in terms of rule of law across the region, as it feeds the political-economic networks and state capture. Judiciary systems are also largely viewed as being central components of this state of capture because they are subjected to considerable political influence.

Many marginalized groups are on the receiving end of this institutional weakness. Discrimination against ethnic minorities presents a burning issue, particularly taking into consideration the fragile relationship between ethnic groups affected by past wars. Inadequate states’ response is also omnipresent in preventing the violence against women while hostility against the LGBTIQ community is resulting in cases of hate motivated crimes that remain unpunished.

Civil society has been disempowered to serve as an agent of democratization in breaking the political capture of institutions

Traditional advocacy-type Civil Society Organisations (CSOs) played a key role in promoting democratic reforms and leading most of the countries of Eastern Europe into the EU. Yet they are now facing serious challenges in achieving the same goal in the Western Balkans. This is not due to any formal types of restrictions and intimidations, as most Western Balkan governments are generally open to CSOs and have frameworks for their participation. It is also not necessarily due to typical CSO challenges like weak capacities and constituencies. A key challenge seems to be a general sense of disillusionment within civil society and the social delegitimization of their agenda and role.

CSOs have suffered considerably from loss of the credibility of EU accession and conditionality, which used to be a key anchor of democratic reforms. Most of the CSO funding is also anchored to the EU accession framework, which is a problem at a time when accession (and the reforms) has stalled. Traditional CSOs increasingly work on technocratic issues or promote a symbolic pro-EU discourse that has consistently failed to produce tangible results to citizens – selling a story which people increasingly believe less in.

Traditional advocacy CSOs are also increasingly being undermined by irrelevant forms of inclusion and co-option in government reform processes that create the perception of meaningful influence and use the increasingly weightless EU integration process as a smokescreen. Political elites in the region, particularly in Serbia, have also grown skilled at generating a mirage and simulation of civil society activism by creating groups Government-sponsored Non-Governmental Organizations (GONGOs) that legitimize government actions. The response to this delegitimization of pro-democracy CSOs throughout the region has been the rise of a new wave of grassroots civil society movements, especially issue-based ones focusing on topics like the environment or gender. Yet these movements remain mostly sporadic and fluid, easily dispersed and insufficiently institutionalized to be connected to the democratization funding framework. Some of these protest movements and initiatives have also started to grow into auxiliary political movements, especially at the local level, but with limited success.
The level of media freedom in the region is one of the lowest in Europe, stagnated or even declining according to global indexes, with the most negative trends present in the region’s largest country: Serbia. The Western Balkans countries in general are characterized by considerable media pluralism in terms of numbers of media outlets, but this does not necessarily translate into pluralism of narratives. That is because media ownership remains largely an extension of the extractive and clientelist model of governance, which ensures political control and transactional relations with media editorial lines - both private and public broadcasters.

Professional and critical media, especially investigative outlets, often manage to disrupt entrenched political powers. Yet, by using political influence over the media and the resources from extractive governance, political leaders use various tools to control mainstream narratives, including legal maneuvers to suppress critical content. For example, legal tools have been considerably used to intimidate journalists through strategic lawsuits (SLAPP). Professional journalists are repeatedly subject to direct threats and attacks due to their reporting, particularly when it comes to sensitive topics such as corruption, misuse of power, and transitional justice.

Disinformation efforts by foreign authoritarian actors are widely present in the region – they are mostly used to amplify divisions and sow discord for strategic ends. A particular problem in the current geopolitical setting is the widespread pro-Russian narratives targeting Serb populations in the region and hybrid warfare campaigns against pro-Western and pro-democracy actors in the region. Yet, disinformation is more of a domestically sourced phenomenon instrumentalized by local elites.

One of the biggest challenges facing Western Balkans is the demographic hemorrhage from aging populations and persistently high rates of Westward migration. Part of the migration from the region is normal – a decades-long trend of poorer parts of the continent seeking better opportunities in the West, many of whom end up sending back money, and some returning with capital and valuable skills needed for development. However, the new wave of migration is also drawing away many skilled and established professionals.

Much of this is due to pull factors like the targeting of certain professionals by EU countries, especially Germany, but it is also a symptom of push factors like widespread pessimism in the countries of the Western Balkans about the future. For established middle-class professionals with children, the calculus of whether to stay in the region or leave involves thinking not just about jobs, but also typical middle-class demands like good health and education services or the rule of law.

Whether young and skilled professionals will decide to stay or migrate during the next decade will largely depend on whether they trust that politics is moving things in the right direction, and whether institutions are delivering effective services to address key concerns. From a democracy perspective, the problem brought forth by the new wave of migration is not that it is only depleting the countries of human capital needed for development, but that it is also drawing away the kind of voters most inclined to support democratic reforms.

The more people who chose “exit” over engagement for change, the less the Western Balkans’ democracies in the region will be resilient to authoritarianism. The experience of several countries in Central and Eastern Europe has been that those who stayed behind were older and more inclined to embrace nationalist or authoritarian leadership – with the existential dread of demographic collapse also providing a narrative which populist politicians can use very effectively.
The unresolved regional security architecture and revisionist narratives securitize the political discourse

The lack of normal relations between Kosovo and Serbia, as well as continued sectarian politics and secessionist agendas in Bosnia and Herzegovina, are the two key political disputes fueling insecurity and preventing the full accession of the region into NATO and EU. Even within some NATO members like Montenegro, ethnic divisions have become the source of a deep political cleavage and struggle for control over the country's geopolitical orientation. The latest escalation of ethnic violence in northern Kosovo has once again proven the far-reaching destabilising potential of unresolved conflicts from the past for the future stability of the Western Balkans.

Divisions are being fueled by regress in the process of regional reconciliation and the resurgence of revisionist narratives - particularly in Serbia, where the promotion of convicted war criminals is being embraced by key political actors. Overall, questionable outcomes of the transitional justice process of the past decades continue to foster one-sided interpretations, lack of cooperation in dealing with the consequences of the war and a broader regional climate of impunity and denial. Constant disagreement about the conflict, its causes and outcomes leave almost no space for the recognition of suffering of others.

The security dilemmas created by the disputes and revisionist narratives end up fueling authoritarian and populist leadership, particularly in the region's largest country, Serbia. The first way in which they achieve this impact is by allowing political elites to instrumentalize security concerns and identity politics by placing them at the center of political discourse. They create regular opportunities to use and even engineer tensions and crisis to frame authoritarian leaders as national protectors, to target and delegitimize critics as less patriotic, and to overshadow other issues, especially rule of law reforms.

The second way in which the unresolved disputes and security concerns fuel authoritarianism is that they create an entry point for actors like Russia to project power and play spoiler in the region. Russia's grip over Serbia and its projection as a protector of Serbian populations in Bosnia and Herzegovina, Kosovo and Montenegro allow it to fuel disruptive actors in these countries - something that became even more prominent after the war in Ukraine.

As such this context increases the leverage of authoritarian actors in the region to bargain with the West and obtain immunity from criticism on democratic standards, so long as they adhere to the West's security agenda. Many regional observers have for example noted how Serbia's authoritarian turn under Vucic has been enabled by the West's priority of drawing Serbia away from Russia's orbit and agenda in the Balkans. Persisting insecurity in the region thus results in legitimisation of strong man rule in the Western Balkans.

Russian aggression tests the pro-Western orientation and resilience of the region

Russia has traditionally been an active actor in the strategic area of the Balkans where it followed its own geopolitical interests, mainly packed into symbolic terms of Pan-Slavism and brotherhood with Orthodox Slavs. Since the Kosovo conflict in 1999, the Kremlin has openly opposed the Western policies in the region and worked intensively on building up its own alliances across the Western Balkans. Working closely with part of the local political elites, recruited mainly from the Serb-populated areas, Russia has created a political network that openly questioned the pro-Western orientation of a significant part of the region.

The latent ethnic conflicts smoldering across the region suit Russian interests and the Kremlin has been actively working on preventing their resolution. In addition to the soft power politics, Russia is also deeply involved in the regional energy sphere where it can rely on vital dependencies of part of the region on Russian oil and gas.

The destabilizing potential of the Russian influence in the region fully revealed with the Russian war against Ukraine after 2022. With its local allies holding power in parts of the region, the Kremlin seized the opportunity to exploit the vulnerability of the Western Balkans in its broader geopolitical confrontation with the West. It became clear that while Russia cannot offer the region any sustainable geopolitical alternative to the EU, it will try hard to use its influence in the Western Balkans as a leverage against the Western pressure.

While governments in Albania, Kosovo and North Macedonia clearly aligned with the Western position on Russian aggression, Serb politicians across the region took more restrained positions. Some of them, including Serbian president Aleksandar Vučić and Serb representatives in Montenegro, a NATO member, have cautiously maneuvered in the volatile space between alignment with EU position, domestic demand and Russian pressure. Others, such as Bosnian Serb leader Milorad Dodik, openly aligned with the Kremlin within their domestic populist agenda.

This state of disunity currently suits best the interest of Russia which needs to distract attention from its aggression against Ukraine and disrupt the integrity of the response of the West. Any further escalation of instability in the Western Balkans would only fit Russian needs in the region and worldwide. Unless effectively contained by strong and united pro-Western forces, the Kremlin might not hesitate to use its influence over regional political elites to actively contribute to new crises in the region.
Chinese geoeconomic ambitions threaten economic stability and undermine transparent governance in the region

Unlike the traditional external powers, China is a newcomer to the Western Balkan geopolitical arena, yet it equals to them in terms of its ambitions, assets and agility. Beijing entered the regional stage in a big way after 2010 within its broader geoeconomic Belt and Road Initiative in which the Balkans has a strategic position for Chinese access to the European markets.

Chinese economic presence in the Western Balkans is focused primarily on development of infrastructure. Based on the controversal economic-political model applied by China in other parts of the world, Chinese state-owned banks provide massive loans to local governments for large infrastructure projects which are realized by Chinese state-owned enterprises. While this mechanism might seem to be favorable for both sides, it in fact endangers the fiscal stability of Western Balkan countries and makes them vulnerable to Chinese influence. In the most alarming case of Montenegro, the country with an annual budget of 2 billion €, took a loan of 1 billion € from a Chinese bank for the construction of a new highway by Chinese companies, bringing the government close to a long-term debt trap.

While China presents its engagement in the region in purely economic and development terms, its business comes with high political risks for democratic institutions. The Chinese way of negotiating strategic projects with local political elites across the region has been marked by controversy stemming from lack of transparency and questionable economic profitability for the region. Both the local civil societies and the EU have criticized Western Balkan governments for non-transparent deals with Chinese companies that often ignored local environmental and social needs.

Despite the controversies, Chinese representatives have been warmly welcomed by local governments. Regional leaders portrayed China as an important economic partner and used the deals domestically in building up their own public image. Serb political elite across the region also exploited strengthening economic links with China in seeking foreign policy alternatives to the EU.

Making economic deals with Beijing is seemingly an easy way to bring the needed economic capital to the region. China, unlike the EU, does not condition its credits by any political criteria, but it mainly provides profit-oriented loans instead of direct investment into local economies. China thus only follows its own economic interests in the region and once the local governments are not able to pay back the loans, China will not hesitate to use the influence it has built up over the politics in the region.

EU enlargement’s loss of credibility opens space for democratic decline

In the early 2000s, the integration of the Western Balkans into the European structures had been widely accepted as a key tool for the desperately needed regional stabilization and democratization both by the EU and within the region. The landmark EU Thessaloniki summit in 2003 clearly formulated the perspective of future EU membership for all Western Balkan states based on the principle of conditionality.

After the initial decade of significant progress, when Croatia became an EU member and most of the countries achieved the candidacy status, the process lost momentum by mid-2010s. Over the last decade, the dynamics have stalled and only a few steps forward have been achieved while strategic decisions were held over on both sides. The stalemate of the integration process thus puts into question the assumption of regional stabilization and democratization driven by the EU-membership perspective.

The causes leading to the current standoff in the region’s EU integration need to be sought on both ends of the enlargement politics. On the EU part, the credibility of the accession perspective has been undermined by political inconsistencies stemming from the disunity among the member states, some of which have put their own domestic or foreign interests ahead of the enlargement. The public image of the EU as a guarantee of democracy was also damaged by its own internal conflicts over the state of democracy in some member states, as well as by its tolerance towards stabilitocracy in the Western Balkans. Due to its own political inconsistency and local elites’ reluctance to democratic reforms, the EU has been losing appeal across the region.

On the Western Balkan side, the governments across the region have been reluctant to perform the substantive reforms prescribed by the EU that would strengthen democratic institutions and rule of law. Local political representatives generally lacked a true goodwill to work on improving the inter-ethnic relations within and between the states.

The recent indications of revival of the enlargement process, such as overdue opening accession talks with North Macedonia and Albania or granting the candidate status to Bosnia and Herzegovina, are formally important yet politically rather symbolic gestures that alone cannot fix the EU’s damaged reputation. The latest EU ‘growth plan’ for the Western Balkans presented by President Von der Leyen in May 2023 might potentially mark a turning point in the process, yet determination and political will on both sides will be still needed for its materialization.

Unless the full political credibility of the EU accession perspective is reestablished soon, both politicians and voters across the region might look elsewhere for their democratic standards and geopolitical anchors. In light of the Russian war against Ukraine, jump-starting the stalled enlargement process based on democratic reforms is more important than ever.
POLICY RECOMMENDATIONS

To EU policy makers

The EU should actively engage in the Western Balkans and restore the credibility of the EU accession process as it is the only external actor to provide the region with a viable geopolitical vision based on stability and democracy. However, the roadmap leading to the EU needs to be clearer, with specific merit-based milestones to accomplish associated with certain “benefits” after reaching each milestone.

The EU institutions also need to make the European policy towards the region more consistent and ensure that the candidate states are awarded promised progress in their accession process once they meet the criteria, while failures of regional politicians to align with the EU conditionality are penalized.

The EU should also nurture greater unity among member states and utilize its considerable leverage over the Western Balkans to facilitate the swifter resolution of bilateral and ethnic disputes, which among other things fuel authoritarianism and ethno-nationalism throughout the region - especially the normalization of relations between Kosovo and Serbia.

Internally, the EU should contain the non-democratic tendencies in some of its member states that are spilling over to the Western Balkans to reaffirm its own commitment to democracy and reestablish itself as a role model in its neighborhood.

To global democracy-promoting agencies

The international networks promoting democratic values can substantially assist the Western Balkans’ weak democracies by actively working on building positive pro-democracy narratives. With EU accession effectively on hold, there is currently a weaker institutional anchor for democratic reforms, which is why there is a need for more flexible forms of support for the new wave of grassroots pro-democracy groups and alternative media outlets which are disrupting the entrenched state of illiberalism. New pro-democracy narratives should also be based on evidence on the benefits of strengthening alliances with democratic actors in opposition to authoritarian regimes.

Global watchdog organizations can also provide the regional CSOs, media and pro-reform political elites with the knowledge and expertise to fight corruption and enhance the role of independent media. While financial assistance from international funds in itself does not guarantee progress in regional democratization, it can be a major element if routed appropriately and bound with purposeful and sustainable projects.

To regional CSOs

Civil society organizations in the region need to address the challenge of their delegitimization brought forth by a stalled EU accession process and illiberal governments - they need to reinvigorate their missions by expanding constituencies of people who care about democracy, reconnect to the grassroots and strengthen their leverage in contesting elements of state capture. Traditional advocacy CSOs and sporadic new grassroots issue-based movements need to develop better synergies to increase civic engagement.

CSOs in the Western Balkans need to strengthen their regional cooperation and work across borders in order to fight on two of the major fronts in parallel. Firstly, a regional approach is essential in securing the resolution of bilateral and ethnic disputes and fighting trends of historical revisionism, as this fuels authoritarianism and holding the region back from the EU. Secondly, regional CSOs need to advocate together for common interests to convince decision-makers within the EU of the region’s readiness and interest in getting closer to the EU.
AUTHORS

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Petr Čermák (coordinator) is a Research Fellow of the Association for International Affairs, a Prague-based think tank, focusing on Western Balkan politics and security. He holds a Ph.D. in International Relations from Masaryk University in Brno, Czech Republic. His research interest focuses primarily on ethnic politics in post-conflict areas of the Western Balkans. He has conducted extensive field research in different parts of the region where he investigated local dimensions of power-sharing mechanisms in ethnically diverse areas. He graduated in International Relations at Masaryk University in Brno and had an opportunity to study and conduct research at universities in Sarajevo, Zagreb, Ljubljana, Graz, and Tirana. Besides his academic activities, he has been engaged in policy-oriented research projects dealing with the Western Balkans region and its political dynamics.

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Sofija Todorović graduated from the Faculty of Law in Belgrade and she is a project manager and an educator with extensive expertise in the fields of transitional justice and conflict transformation. Since 2016, she had been working for the Youth Initiative for Human Rights as a Programme Coordinator, and in 2021 she returned to YIHR as Programme Director of the organization. Ms. Todorović is member of the International Coalition for Democratic Renewal (ICDR) coordinated by Forum 2000 Foundation. She was a Programme Manager at Balkan Investigative Regional Reporting Network (BIRN) where she was managing media focused projects dealing with human rights and democracy challenges in the Balkans and V4 countries. She was awarded the Ledolomac human rights prize by Serbia’s Liberal Democratic Party in 2018 and received a Feminist Achievement Award for 2019 from BeFem, a Serbian feminist cultural center while in 2021 she received and Human Rights Defender recognition from Civic Initiatives in Belgrade.

Agon Maliqi

Agon Maliqi is a political analyst and media writer from Kosovo. He was the co-founder and until recently the Chairman of the Board of Sbunker – an analytical media platform and think tank based in Prishtina which works on democracy, human rights and security issues in the Western Balkans. Mr. Maliqi currently works as an independent analyst and consultant on these issues in the Balkans and South Caucasus. He is member of the International Coalition for Democratic Renewal (ICDR), coordinated by Forum 2000. He was a Reagan-Fascell Democracy Fellow at the National Endowment for Democracy (NED). He graduated in Political Science and European Studies from the American University in Bulgaria in 2006, and obtained a Master’s Degree in International Development Policy from Duke University (USA) in 2012.
INSTITUTIONAL INFORMATION

Forum 2000 Foundation pursues the legacy of Václav Havel by supporting the values of democracy and respect for human rights, assisting the development of civil society, and encouraging religious, cultural and ethnic tolerance. It provides a platform for global leaders, as well as thinkers and courageous individuals from every field of endeavor, to openly debate and share these critical issues.

For more than thirty years, the Friedrich Naumann Foundation for Freedom has been promoting open and tolerant societies, civic engagement and the rule of law in the Western Balkans and beyond. As a liberal foundation, it pursues the goal of strengthening democratic and pluralistic principles in the region and thus actively promoting their European integration with their liberal values of freedom, peace and tolerance.

AMO is a non-governmental not-for-profit Prague-based organization founded in 1997. Its main aim is to promote research and education in the field of international relations. AMO facilitates expression and realization of ideas, thoughts, and projects in order to increase education, mutual understanding, and tolerance among people.